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# REPORT

OF THE

## EXECUTIVE COMMITTEE

OF THE

# SEA SHORE HOME,

FOR THE

Summer of 1876,

WITH THE REPORTS OF THE PHYSICIAN AND TREASURER.

BOSTON:

JOHN B. SEXTON, PRINTER, 2373 WASHINGTON STREET.

1876.

## SEA SHORE HOME.

#### EXECUTIVE COMMITTEE.

EDWARD E. HALE,
WILLIAM H. BAKER, M. D.,
SAMUEL H. DURGIN, M. D.,
EDWARD T. WILLIAMS, M. D.,
WM. H. H. HASTINGS, M. D.,
FRANCIS H. BROWN, M. D.,
JOSEPH P. OLIVER, M. D.

Mrs. HENRY WHITMAN, Miss Annette Rogers,

Secretaries.



#### REPORT OF THE EXECUTIVE COMMITTEE.

THE work of the present season was entered into by the Committee with the confidence rightfully inspired by success. The experiment at Beverly during the summer of 1875 had convincingly demonstrated both the utility and the practability of our enterprise. We therefore felt justified in enlarging somewhat our plans for the present year. A commodious building, formerly occupied as a summer hotel, admirably situated and containing almost unlimited accommodations for patients, was secured at Plymouth at a moderately low rent. The principal objection to the place was its distance from Boston; but owing to the liberality of the Old Colony Railroad arrangements were made for the transportation of patients at even more favorable rates than those of the preceding year.

The great distance from home requiring the almost constant presence of a member of the Committee, as well as of a physician, one of our number, Dr. Williams, voluntarily assumed the personal supervision of the Home, and remained in charge during the entire season. The nursing and internal management were confided as before to the Sisterhood of St. Margaret's, under the efficient direction of Sister Frances of that Order.

The Home was opened for the reception of patients on the 10th of July, and closed on the 11th of September, a period of 63 days. It was a matter of regret that we could not have commenced a few weeks sooner; but this was prevented by circumstances beyond the Committee's control. The exposed situation of the house and the unusually cold weather in the early part of September compelled our closing a week or two earlier than we could have wished. The number of persons treated, however, was considerably greater than the year before.

The whole number of patients was 196, 185 of whom were children and 11 adults. The mortality also was greater, namely, 7 deaths out of 196 patients, or about  $3\frac{1}{2}$  per cent. In view of the recognized and exceptionally fatal character of the past season, this result must be considered as highly satisfactory. It should also be stated in justice to those having charge of the patients that a much larger proportion of critical cases were sent to the Home than during the previous year, when the whole undertaking was to a great extent an experiment. It will be noticed also that the proportion of recoveries was decidedly larger, only 2 patients being discharged not relieved, and 163 out of 196 entirely well. The policy of the present year and

evidently the only one capable of affording reliable statistical results was to retain every case until its natural termination either in recovery or death. This plan was strictly carried out in all cases except where, as sometimes happened, the friends of a patient insisted on its removal contrary to advice. It is believed that no dangerously sick child left the house during the season.

The expenses per capita were about the same as in 1875.

It is felt by the Committee that the Sea Shore Home has proved itself a success. In the actual saving of life it is indisputably more efficacious than any other public charity. It is also one of the cheapest. make it permanent ampler means and a more complete organization are required. We need a house It is unnecessarily expensive and of our own. inconvenient to be continually moving from place place, and owing to the depression of real estate the present is a most favorable time to buy. Several excellent opportunities for investment have already presented themselves to the Committee. beg to urge these points upon the consideration of our friends and the public. We have also to express our acknowledgements for the favors received, and to hope for a continuance of the same generous confidence and support.

For the Committee,

EDWARD E. HALE, Chairman.

Nov., 1876.



### PHYSICIAN'S REPORT.

To the Executive Committee of the Sea Shore Home:

#### Gentlemen: —

I have the honor to present the following report for the summer of 1876.

The Home was opened for the reception of patients on the 10th of July, and closed on the 11th of September, a period of 63 days.

During this time 304 persons, 119 adults and 185. children were received and cared for. Of this number 196, 11 adults and 185 children were under regular medical treatment.

The ages of the patients treated were as follows:

Under 3 months,	_		11
Between 3 and 6 months, -		-	15
Between 6 months and 1 year,	-		24
Between 1 and 2 years, -		-	53
Between 2 and 3 years,	-		23
Between 3 and 5 years, -		-	23
Between 5 and 10 years,	_		24
Between 10 and 15 years, -		-	8
Between 15 and 20 years,	-		. 4
Over 20 years,		-	11

The diseases treated were as follows:

4						
Cholera Infantum,		-		-		33
Dysentery, -	-		-		-	15
Diarrhœa, -		-		•		79
Pneumonia,			-		-	4
Simple Debility,		-		-		34
Miscellaneous,	-		-		-	31
The results were as fo	llow	s:				
Discharged well,		-		-		163
Relieved, -	-		-		-	24
Not relieved, -		-		-		2
Died,	-		-		-	7
The causes of death v	vere	as	follo	ws:		
Cholera Infantum,		-		-		3
Diarrhœa, -	-		-		-	3
Pneumonia, -		-		-		1

The average stay at the Home was 9½ days. The average daily number, exclusive of attendants, was 44, of whom two-thirds were children and one-third mothers or other adult (female) relatives. The greatest number of patients at any one time was 63, which, with the mothers and attendants, made a household of about 100 persons.

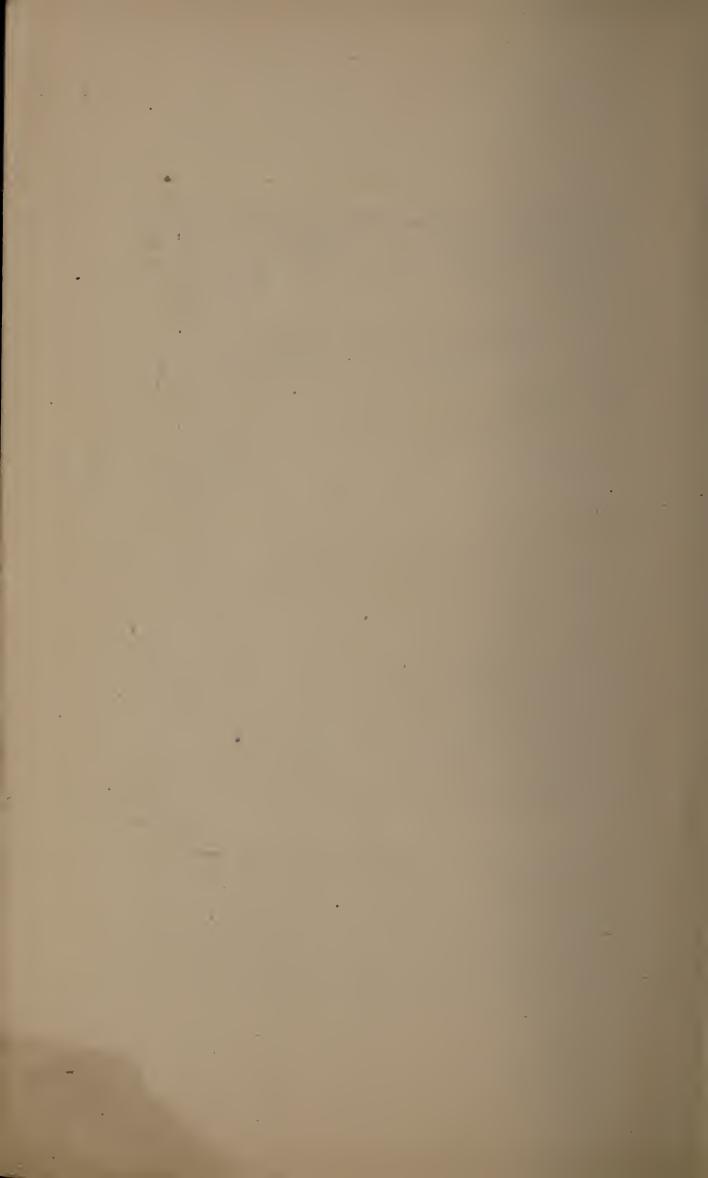
I take pleasure in expressing my acknowledgements to Dr. Abner Post, of this city, for supplying my place during a brief absence; to Dr. Jas. B. Brewster and Rev. Frederick Knapp, of Plymouth, for friendly counsel and assistance; to Messrs. Alfred Rand and Henry W. Broughton, of the Harvard Medical School

House Officers; and above all to the ladies connected with the Sisterhood of St. Margaret's, for their devoted and untiring attention to the welfare of the patients.

Respectfully submitted,

EDWARD T. WILLIAMS, M. D.

Nov., 1876.



## TREASURER'S REPORT.

Cash on	hand June 8, 1876,	-	-		:	\$622	86
Received	from contributions, 1876,	-		-		2531	<b>25</b>
66	· sale of horse,	-	-			75	00
					\$	3229	11
Paid for	rent, 1876,	1911		\$600	00		
46	provisions, groceries, etc.,		-	753	13		
"	furniture, household utensi	ls, etc.,	,	484	01		
66	transportation, freight and	car tic	kets,	371	98		
46	horse and carriage, -	-		200	00		
66	wages, repairs, etc., -		-	168	18		
66	medicine, etc.,	_		145	53		
46	printing, etc.,		-	35	50		
66	expenses of stable, -	-		35	44		
66	stationery, postage, etc., -		_	18	53		
"	fuel,	-		28	<b>4</b> 0		
66	miscellaneous, -	-	_	10	00		
						2850	70
	Balance of cash on har	nd,	~			378	41
					\$	3229	11

ARTHUR LINCOLN, Treasurer.

Nov. 18, 1876.

